

College & Career Readiness Elementary School Playlist

Youth Workbook

Created by



College & Career Readiness Elementary School Playlist

Accompanying Workbook

Instructions for Use

This is the accompanying workbook for the **College & Career Readiness for Elementary School Youth Playlist**. Practitioners will be asked to download and print this workbook for youth. The activities contained in this workbook align with the playlist sessions and are intended for use directly with youth.

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ACTIVITY ONE | S1 | Future Success

Activity Instructions

- 1. Consider the prompt(s) below.
- 2. Draw or write your response in the space below.
- 3. Be prepared to share your response with the group.

Prompt

What does a successful future look like for you?

• Think about what success means to you. Now, think about your own future and consider how you might envision a successful future for yourself. What would that look like? How will you know you've been successful?

ACTIVITY TWO | S1 | Identifying Your Culture Components, Pt. 2

Activity Instructions

- 1. Consider the prompt(s) below.
- 2. Write your response in the space provided.
- 3. Be prepared to share your response with the group.

Document Your Responses

Use this section to document your thoughts and responses to the following prompts.

- What is our program's culture?
 - What do we **believe**? What do we **say**? What do we **see**? What do we **do**?

- What are the expectations for all youth and staff?
- What are the conversations taking place in all areas of our environment / space?
- What do you see when you walk through rooms or hallways?
- What are the traditions of our program?
- What is celebrated?

ACTIVITY THREE | S2 | Create a Self-Story

Activity Instructions

- 1. Draw or construct a self-portrait of yourself in the space provided.
 - a. Think about the features you like best about yourself or that make you most unique and highlight those in your self-portrait.
- 2. Answer the questions that follow by writing your responses in the space provided.

I like myself...

•	I am good at
•	I like to
•	I am interested in

ACTIVITY FOUR | S3 | I Know Myself

Activity Instructions

1.	Consider	the	prompt	(s) below
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- 2. Write your response in the space provided.
- 3. Be prepared to share your responses.

Prompts

1. Th	ings	that	interest	me	at	home:
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- 2. Things that interest me at school:
- 3. Things that I am good at doing:
- 4. Subjects I have to work hard at:
- 5. Subjects that are easy for me:

Circle YES or NO for the following questions:

6.	l like to solve number problems	yes	no
7.	I like to write about my ideas	yes	no
8.	I am very organized	yes	no

ACTIVITY FIVE | S4 | Career Connections Brainstorm

Activity Instructions

- 1. Share your responses from page 5, **Activity Four: I Know Myself**, with your small group members.
- 2. With your group, brainstorm a list of possible careers that might match your interests and abilities.
- 3. Write that list below.

Prompt

What careers might use some of my interests and abilities?

ACTIVITY SIX | S4 | Work Environment Would You Rather

Activity Instructions

- 1. Think about the environment you may want to work in when you grow up.
- 2. On each line, make a check next to the environment you like better from the two choices given.

Would You Rather...

А	В
Work indoors	Work outdoors
Work with people	Work with information
Travel	Work in one place (an office)
Work with your hands	Work with your mind
Work by yourself	Work in groups
Work during the day	Work at night
Work in busy places	Work in quiet places
Wear a uniform	Wear street clothes
Make things	Sell things
Communicate with words	Use math skills
Work 12 months a year; year-round	Work seasonally; certain months of the year
Work the same schedule every day	Work a schedule that changes daily, weekly, or monthly
Give directions to others	Take directions from others
Work with humans	Work with animals
Work under pressure of deadlines	Work without deadlines

Can you think of any careers that have most of your preferred environmental features?

ACTIVITY SEVEN | S6 | Career Imaginings

Activity Instructions

- 1. Choose a career that interests you.
- 2. Answer the following questions based on the career you've chosen.

Imagine Your Career

Choose a career and write it here:
1. What kind of skills do you think you would need for this career?
2. What kinds of tools do you think you would use in this career?
3. What might a typical day on the job look like for you in this career?
4. How is this working day similar to your day at school right now?
5. What kind of education or training do you think you might need for this career?

ACTIVITY EIGHT | S7 | What is College?

Activity Instructions

- 1. Fill in the K-W-L chart below either on your own or as a group.
- 2. Identify what you already **KNOW** about college in the **K** row.
- 3. Identify what you **WANT** to know about college in the **W** row.
- 4. Identify what you have **LEARNED** about college in the **L** row.

K What do you KNOW about college?	
What do you WANT to know about college?	
L What have you LEARNED about college?	

ACTIVITY NINE | S7 | Virtual Campus Tour Summary

Activity Instructions

- 1. Take a virtual campus tour of at least one (1) college or university in your state.
- 2. Complete the Virtual Campus Tour Summary below.
- 3. Be prepared to share the information you find with the group.

Virtua	l Cam	pus Tour :	Summary
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College/University:					
What do you like and dislike about this school?					
LIKE	DISLIKE				
Where is this college located?					
What is this college's mascot?					
What are this college's colors?					
	Continue to Next Page >>				

Virtual Campus Tour Summary, con't.

What do you want to remember most about this campus / school?:

The overall feeling I got from this virtual tour (circle one):

Very positive - I think I might like to go to this school!

Okay - There are some things I did not like.

Bad - It's definitely not for me!

Explain your answer:

OPTIONAL ACTIVITY | Mock Interview

Activity Instructions

- 1. Follow your teacher's instructions for how to use this worksheet.
 - a. You will either fill it out with your answers before your interview
 - b. OR you will fill it out during the interview with your partner's answers
- 2. Think about the job or career you selected for your Career Imaginings activity and answer the following questions.

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Interview Questions	
Choose a career and write it here:	
Tell me two interesting things about yourself. a.	
b.	
2. What excites you about this job?	
3. Why do you want this job?	
4. Why do you think you will be good at doing this job?	
 Tell me two things about yourself that make you a good employee. a. b. 	

NOTES

Please use this space to take notes throughout the program.